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A Complete Listing of Resident Services can be found on the page before your calendar







GLEN ELLEN FOCUS FEBRUARY, 2019 E



February Birthdays:

February 4 – Anna Buganzky February 15 – Hugo Mastroberardino



Manager Bob Kelsey's Message:

ust a few friendly reminders, there are no trailers allowed in the park, especially enclosed trailers.

Several residents are bringing individuals to live with them and are not notifying Stephanie. Any person visiting or planning on living with someone in the park needs to register with Stephane. This is very important.

Enjoy February everyone!

Scribe Nancy Labbe's Message:

special thank you to Barbara Barczak, and Mary Fialkowski who were Chairpersons for the month of January. We appreciate your time and effort.

Vinnie Sbrogna and Mark Marzullo are the Chairpersons for the month of February. There will be more details to follow.

If anyone wishes to 'chair' a month please contact Nancy Labbe in Mobile 121 or Garry Candland in Mobile 209. It is greatly appreciated and we need the help.

Effective immediately, we need someone to send information to the publisher of the Multi-Media Newsletter. If no one takes the responsibility February will be the last time personal Glen Ellen information will be in the "Focus".

Enjoy February and don't forget Valentine's Day!



A Complete Listing of Resident Services can be found on the page before your calendar

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Cave drawing of bull is earliest of its kind

rcheologists have discovered the oldest known drawing of an animal on the wall of a cave in Indonesia, according to the U.S. News & World Report website. It's some 40,000 years old, about five feet wide, and it depicts a bull-like creature in a red silhouette.

Along with similar drawings on cave walls in Borneo, the drawing sparks renewed debate about the role of art in ancient times. Similar cave paintings have been found in France and Spain, though they're just 33,500 to 37,000 years old.

Cave dwellers began sketching humans engaged in hunting activities and dancing some 14,000 years ago in both Europe and Asia. The findings raise the possibility that humans migrated from Africa to Europe and then Asia, bringing their artistic sensibilities with them.

Invasion of the space worms

ong-term space travel poses many challenges, but one of the most daunting is the loss of muscle mass in a zero-gravity environment. On a voyage to Mars, for example, space travelers could arrive on the red planet too weak to stand. Now, reports the Popular Science website, thousands of worms headed to the International Space Station (ISS) may help solve the problem.

Scientists plan to study muscle atrophy in the worms and then treat them with a special brand of RNA designed to stop the breakdown of protein and preserve the muscles in their bodies. If all goes according to plan, this could alleviate one danger to astronauts remaining in space for long periods of time.

Science is simply common sense at its best, that is, rigidly accurate in observation, and merciless to fallacy in logic.

-Thomas Henry Huxley



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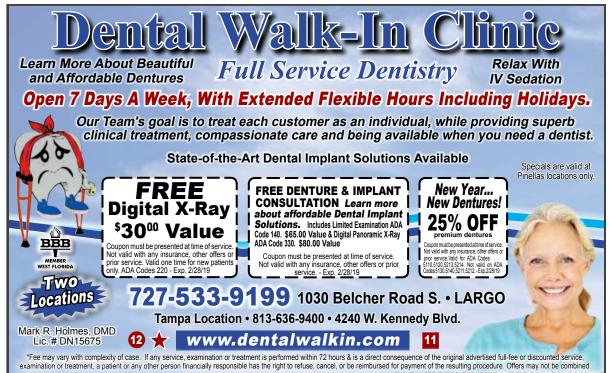
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Many Americans still worried about their finances

The stock market may be up, but many Americans are still struggling with financial security, according to a story on the USA Today website. A September 2018 Bankrate. com survey found that among people earning less than \$30,000 a year, 78 percent said that their financial situation has failed to improve over the past two years, and many said it had gotten worse. On the other hand, people earning \$75,000 a year or more reported feeling better about their money.

The survey found other divides as well. People 65 and older reported the least financial improvement, and millennials ages 28–37 felt the most improvement. In addition, men reported doing better in earlier years than women did.

Coffee still in demand

e sure like our coffee. The U.S. National Coffee Association's 2018 National Coffee Drinking Trends report says that the number of Americans who drank coffee in the past day is the highest it's been in six years.

According to the report, based on a study of more than 2,700 adults 18 or older, 64 percent said they drank coffee within the past day, the highest amount since 2012. This is higher than the growth from 57 percent in 2016 to 62 percent in 2017. The study also found that past-day consumption traditional coffee, defined as "regular coffee" brewed from "gourmet quality" beans, held steady over the previous years, at 16 percent. Similarly, consumption of espresso-based drinks held steady from 2017, at 24 percent.

Try these tips for healthy eating habits

f you've already slipped off your New Year's diet, it's not too late to get back on track. Just follow these tips for healthy weight loss from the Harvard Health Publishing website:

• Make a list. Keep track of what you eat and drink for at least three days. Include what you consume, where, how much, and so forth.

• Set a goal. Be specific—do you want to lose a certain number of pounds, lower your blood pressure, or something else? Identify strategies for reaching your goal in a reasonable amount of time.

• Anticipate obstacles. What might prevent you from hitting your goal? If a busy schedule might keep you from working out, plan to get up a little earlier. If an empty pantry tempts you to order take-out, spend some time looking up healthy recipes, then go to the grocery store for ingredients and make enough for a few nights of leftovers.



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Start on the path to better heart health

aking control of your heart health is one of the best ways to lead a long life. It's not that hard, especially if you follow this basic advice from the Time magazine website:

• Eat more plants. Fruits and vegetables contain fiber, antioxidants, and lots of vitamins and minerals.

• Limit animal fat. Butter and other forms of fat from animals have been linked to higher cholesterol and increased risk of heart disease. Stick to monounsaturated fats found in olive oil, avocados, and many nuts, along with polyunsaturated fats from fish like wild salmon and sardines.

• Watch your sugar intake. Many foods add sugar, which can add calories and weight. The American Heart Association recommends that women have no more than six teaspoons' worth of added sugar a day and men stick to nine—although the average intake for all Americans is roughly 22 teaspoons per day. Check the labels on everything you buy.

• Exercise often. You don't have to run for five miles every day. The American Heart Association advises about 150 minutes of moderate exercise a week, or 30–60 minutes every day.

• Stand up. Sitting for hours at a time has a negative impact on your heart. Even if you work at a desk job, make a point of getting up and moving around regularly for five to 10 minutes every hour.

• Watch your stress. Stress can heighten your heart disease risk at a rate similar to smoking and diabetes. Practice meditation and yoga to keep yourself calm and reduce your heart's workload.

The foundation of success in life is good health. That is the substratum fortune; it is also the basis of happiness. A person cannot accumulate a fortune very well when he is sick.

—*Р. Т. Ва*гпит

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Monthly

American Heart Month. Because heart disease is a leading cause of death in the United States, make sure you are doing all you can to keep your heart healthy: Limit your intake of sodium and tobacco products, avoid fried and fatty foods, increase your intake of fruits and vegetables, and get at least 30 minutes of exercise five days or more each week.

Declutter for a Cause Month. Don't wait for spring to tidy up. Purge unwanted and unused items from your home this February, and donate them to a local nonprofit.

International Boost Self-Esteem Month. Because we are often our biggest critics, pledge to do away with the negative self-talk. Show yourself some love by focusing on your positive attributes. Make an effort to smile at the face you see in the mirror.

Low Vision Awareness Month. It's projected that by 2030 at least 5 million baby boomers will suffer from this condition, which cannot be corrected by surgery, medication, or wearing eyeglasses. Everyday activities like writing, reading, cooking, and getting around, as well as the ability to recognize faces, become challenging. Visit the website for the National Eye Institute to learn more and find resources available for seniors living with low vision: https://nei.nih.gov/nehep/lvam

Plant the Seeds of Greatness Month. Do something each day this month that moves you closer to your short- and long-term goals.

Weekly

Freelance Writer Appreciation Week, Feb. 11–15. Give a shout-out to these important members of your team. Find a creative way to show your appreciation for the freelance writers contributing to your organization this second week of February.

Telecommuter Appreciation Week, Feb. 24–March 2. Since 1993, the American Telecommuting Association has been promoting the work/life and overall benefits of this flexible employment option. Though most consider this arrangement to be a perk, keep in mind that your remote workers often lack access to the physical resources your organization provides, so show them some love this week.

National Eating Disorders Awareness Week, Feb. 25–March 3. Eating disorders affect more than 30 million Americans. The National Eating Disorders Association (NEDA) uses this week to highlight the struggles faced by individuals with these conditions and their loved ones, as well as ways to support them. To learn more, visit https://www.nationaleatingdisorders.org/.

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Mystery of the mummified priest

The mummified remains of an 18th-century Austrian priest have been identified, the Fox News website reports, as well as the reason behind the mystery of why the priest's body hasn't decayed for more than 300 years.

The priest, Franz Xaver Sydler von Rosenegg, lived from 1709 to 1746 in the district of St. Thomas am Blasenstein in Upper Austria. He was a heavy smoker who died of tuberculosis and was interred in a church crypt in his lederhosen, his body stuffed with branches, wood chips, and scraps of cloth. Along with the conditions in the crypt, this prevented the body from decomposing over time, instead mummifying and preserving the body.

Examination of the skin and bones showed that the priest was well fed and probably didn't have to do much physical work. Abrasions on his teeth suggest that he smoked a pipe for many years.

In another mystery, a glass bead was discovered in the priest's lower abdomen. Some suspected a poisoning attempt, but researchers have determined that the bead was probably from a rosary and fell into the body during the stuffing process.

Ozone layer is recovering, scientists report

Some good news about the environment comes from the UPI website: Scientists say that the hole in the ozone layer above Earth's Northern Hemisphere is expected to disappear in the 2030s.

The ozone layer protects the surface of the Earth from hazardous ultraviolet rays from the sun. When the rupture was measured in the late 20th century, many nations joined the Montreal Protocol, which sought to reduce the use of chlorofluorocarbons and other ozonedepleting substances from aerosol cans, cooling and refrigeration systems, and other sources. A second measure, the Kigali Amendment, is expected to reduce even more ozone-eroding gases in refrigerators, air conditioners, and other products.

The Southern Hemisphere's ozone layer is expected to fully recover in the 2050s, followed by polar regions in the 2060s.

Treasure the love you receive above all. It will survive long after your good health has vanished. —Og Mandino







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O. E. Wilson	727-535-0524
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REMODELING/INTERIOR American Restoration Systems, Inc	
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REMODELING/INTERIOR American Restoration Systems, Inc RESTAURANT Golden Bear ROOF COATING Community Roofing of Florida, Inc ROOF REPLACEMENT	727-525-7200 727-586-5131 727-536-9999
REMODELING/INTERIOR American Restoration Systems, Inc RESTAURANT Golden Bear ROOF COATING Community Roofing of Florida, Inc ROOF REPLACEMENT All Weather Roofing	727-525-7200 727-586-5131 727-536-9999 1-800-297-3758
REMODELING/INTERIOR American Restoration Systems, Inc RESTAURANT Golden Bear ROOF COATING Community Roofing of Florida, Inc ROOF REPLACEMENT All Weather Roofing AMS Advanced MH Systems	727-525-7200 727-586-5131 727-536-9999 1-800-297-3758 727-471-0820
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REMODELING/INTERIOR American Restoration Systems, Inc RESTAURANT Golden Bear	727-525-7200 727-586-5131 727-536-9999 1-800-297-3758 727-471-0820 727-547-8300 727-585-4442
REMODELING/INTERIOR American Restoration Systems, Inc RESTAURANT Golden Bear	727-525-7200 727-586-5131 727-536-9999 1-800-297-3758 727-471-0820 727-547-8300 727-585-4442
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REMODELING/INTERIOR American Restoration Systems, Inc RESTAURANT Golden Bear	727-525-7200 727-586-5131 727-536-9999 1-800-297-3758 727-471-0820 727-547-8300 727-585-4442 727-596-8678 727-330-7821
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FEBRUARY•2019

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luesday	Wednesday	Thursday	Friday	Saturday
			1	2 1:00 PM – Mah Jongg
				Groundhog Day
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12 M – Mah In's Birthday	13	14 8:30 AM – Coffee Hour 1:00 PM – Mah Jongg Valentine's Day	15	16 1:00 PM – Mah Jongg
19 M – Mah	20	21 8:30 AM – Coffee Hour 1:00 PM – Mah Jongg	22 Washington's Birthday	23 1:00 PM – Mah Jongg
26 M – Mah	27	28 8:30 AM – Coffee Hour 1:00 PM – Mah Jongg	washingtons birtiddy	





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One sweet, simple thing

Then years after John Chhan and his wife, Stella, emigrated to the United States from Cambodia, they opened a small doughnut shop in the southern California town of Seal Beach. They are there seven days a week and arrive at 2:30 every morning to make sure there are plenty of doughnuts ready when the shop opens at 4:30 a.m. This is how it's been since 1990, and they've enjoyed the love and support of loyal, longtime customers.

When Dawn Caviola, a customer of 13 years, noticed Chhan alone in the shop one morning, she inquired about Stella. Chhan explained his wife was recovering in a rehabilitation facility after suffering an aneurysm. Upon hearing this, Caviola realized she had to do something for this beloved, hardworking couple who are a fixture of the community.

Caviola took to the social media platform Nextdoor to spread the word in Seal Beach about Stella's illness. As awareness increased, customers of the doughnut shop began brainstorming ways to help. Chhan respectively declined when some of the regulars offered to start a GoFundMe campaign to raise money to help with expenses. Chhan told them what he wanted more than anything was time to be with his wife.

More social media posts followed. Soon people of the community were lining up to buy doughnuts and lots of them. Even people who didn't eat doughnuts were frequenting the shop to buy a dozen just to give away. "People can just do a simple thing for their neighbors," Caviola says.

On good days, John Chhan is sold out by 8:30 a.m. Whatever the time, as soon as all of the doughnuts are gone, Chhan closes up shop and goes to the rehabilitation center to spend time with Stella. He says his wife is getting better. She can speak again and has also relearned how to feed herself. He looks forward to the day that she is fully recovered and can once again be by his side in their shop. He is also grateful for all of those people who have given him this precious gift of time.

Sometimes the things that are most helpful result from simple gestures or small acts of kindness that create their own momentum and have a huge impact on the lives of the people we love and respect.

I suppose real old age is when one looks backward rather than forward. -Mary Sarton







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Meditation, yoga on the rise

ore and more people are practicing meditation and yoga, according to the CNBC website. The Centers for Disease Control and Prevention's National Center for Health Statistics reports that the number of U.S. children and adults practicing "mindfulness" exercise has jumped significantly in the past five years.

Researchers studied how many people practiced meditation or yoga or visited a chiropractor within the past year. Yoga was the most common technique among adults, with 14.3 percent practicing it in 2017, up from 9.5 percent in 2012. Meditation came in a close second, with 14.2 percent of American adults saying they meditated within the past year, an increase

from 4.1 up fro 201 fro bey

from 4.1 percent in 2012. Also, 10.3 percent of adults visited a chiropractor, up from 9.1 percent in 2012.

Yoga among teens and younger children rose from 3.1 percent in 2012 to 8.4 percent in 2017, and meditation by adolescents increased from 0.6 percent to 5.4 percent over the same period.

The researchers did not report on any reasons driving the growth beyond noting that some teachers have started incorporating yoga and meditation in their lesson plans.

Print books remain in the lead

Books are alive and well in the digital age, but we're consuming them differently from the way we have in centuries past. The Pew Research Center reports that 74 percent of Americans say they've read a book in the past year, a figure that's remained fairly constant since 2012.

We're not all "reading" the same way, though. Print books may be the most popular format, with 67 percent of Americans reporting they've read one in the past 12 months, but the share of Americans consuming audiobooks has increased from 14 percent to 18 percent since 2016.

E-books are also a factor in our reading choices, though they're not taking the place of paper for now. Thirty-nine percent of readers say they read only physical print books, although 29 percent say they read both print and digital books. Just 7 percent report reading books exclusively in digital format and say they haven't read any dead-tree books in the past year.

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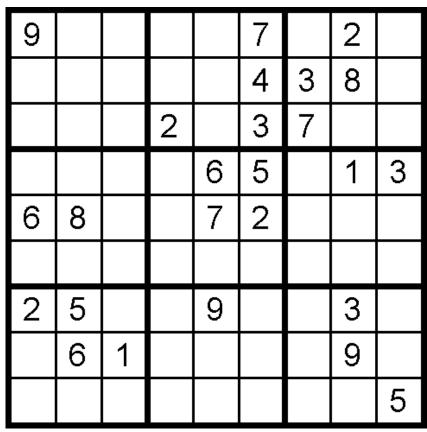
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February Sudoku





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Liudmila Buell, MD

¹ 2017 CMS HEDIS Florida Medicare HMO Provider Performance, Humana. Medicare evaluates plans based on a 5-star rating system. Star ratings are calculated each year and may change from one year to the next.

Largo

² A licensed sales representative will be present with information and applications. There is no obligation to enroll. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information. For a listing of contracted health plans, please contact DaVita Medical Group. For additional Medicare information, please visit Medicare.gov or call 1-800-772-1213.

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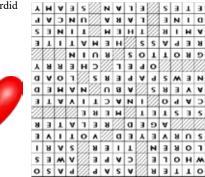
for more information. (TTY: 711)

Medical Group

DaVita Medical Management, LLC

ACROSS

- 1. Aquatic carnivorous mammal
- 6. Right away
- 10. El ____ Texas
- 14. Entirety
- 15. Worn loose from the shoulders
- 16. Inspires reverence
- 17. Actress Sophia
- 18. Level
- 19. Indian dress
- 20. Measured and recorded land
- boundaries
- 22. Fulfillment of a vow
- 24. Matured
- 25. Narrator
- 26. A poem or stanza of 6 lines
- 29. Small lake or pond
- 30. Crime syndicate boss
- 31. Taken out of service
- 37. Affirms
- 39. Capital of the United Arab
- Emirates, ___ Dhabi
- 40. Identified
- 41. Daily information publications
- 44. Burden
- 45. German car company
- 46. Red fruit
- 48. Caverns
- 52. Total destruction
- 53. Overtake again
- 54. Chief ore of iron
- 58. Chieftain
- 59. Not us
- 61. Prongs
- 62. Eat
- 63. Poem by Byron
- 64. Remove a container cover
- 65. French for "Summers"
- 66. Style
- 67. Sordid



1. "Wise" birds

2. You (archaic)

4. Lifts

3. Unit of pressure

6. Played the part

7. Indicated

9. Corrupt

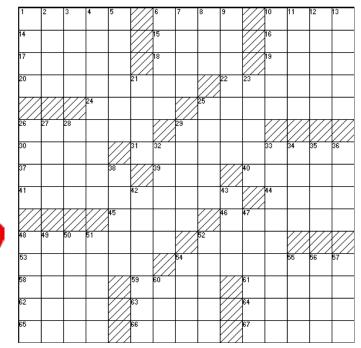
11. Expect

12. Wait on

10. Italian dish

5. Fail to meet a commitment

8. Gorilla or chimpanzee



DOWN

- 13. A type of willow
- 21. Abominable snowman
- 23. Naturally occuring
- glyceride of oleic acid
- 25. Happen again 26. Scrutinize
- 20. Scrutinize 27. Projecting overhang
- 27. Projecting overna
- 28. Expel
- 29. Name that means "My fair
- maid"
- 32. Backs of necks
- Sweetheart
- 34. God of love (Roman
- mythology)
- 35. Weep
- 36. Counter-current
- 38. Stains

- 42. Disciple of Christ
- 43. Grime
- 47. Gap or break
- 48. Level at school
- 49. Make payment
- 50. State one's opinion
- 51. Empty weights
- 52. Staff again
- 54. Consort of Zeus (Greek mythology)
- 55. Central American native
- 56. Collective
- 57. See
- 60. Computer in "2001: A Space Odyssey"





Shangri-La

Annual

Bazaar,

EVENTS & PROGRAMS

EVENTS & PROGRAMS	Jasper St. off Missouri. Many items,	8am – 11:30am in Crosswinds MHP 4125 Park St N St Petersburg		
East Bay Oaks Annual Carport Sale: Saturday, February 16, 2019, 9AM to	too numerous to mention. Bake Sale. February 16th, 8am-1:00pm.	4125 Park St. N., St Petersburg. RUMMAGE - HUGE BAKE SALE - DUNEDIN. Saturday, February 23rd, 2019, 8:00AM-2:00PM, Lake Haven Mobile Home Park - Treasure Cove		
2PM. 601 Starkey Rd Largo, FL 33771 Carport Sale - February 16th, Ranchero	Art in the Park: Lake Seminoile Resort 10245 110th Ave. February 17th, 1-4pm.			
Village, Ulmerton Rd, 8am-3pm FLEA MARKETS & CARPORT SALES - Saturday, February 9, 8am - 1pm. Teakwood Villages East & West join forces to bring you a GIANT shopping experience! Double your fun!	Harbor Lights MHP Annual Rummage Sale, Saturday 2/16/19, 9-1:00pm, 9191 Bay Pines Blvd., 33708. Jewelry, baked goods, furniture, clothing, household items. Lunch 11-1:00pm. Low Prices!	Clubhouse. 1415 Main St. (SR580). South on Lake Haven Road, East into Treasure Cove, watch for signs. Small Appliances, Linens, Clothing, Funiture, GREAT BAKE SALE, Coffee, Soda, Water & Lunch available		
Shop for furniture, clothes, jewelry, kitchenware, collectibles, art & more, on both sides of Missouri Ave! Between Largo High School & Walmart. Flea Markets in clubhouses, carport sales throughout both parks. Refreshments	Palm Hill Counrty Club Bazaar: Sat., March 2, 9am-1pm. 1800 Seminole Blvd., South Clubhouse. Food Served, Lots of bargains. Come on over and find some Treasures! Early admission 8:30am \$1.00.	Golden Gate MHP, 8201 40th St. N. Amazing Ladies' Botiques - 8AM- 12PM. Clothes sizes 6-3X. Jewlery, Shoes, Purses, all clean, excellent condition. Reasonable.		
in Aloha Hall. ANNUAL FLEA MARKET: Four Seasons Estates MHP, Largo. Saturday, February 23, 8am-1pm. \$1.00 early bird entry at 7:30am. Furniture,	HUGE SALE: Saturday, Feb. 2nd. Eldorado Village Mobile Home Park, Community Hall 8:00am-1:00pm. 2505 East Bay Dr. Largo (East Bay & Starkey).	SALE: Saturday, February 23, 8A- 1P. Household, clothing, furniture, misc., bakery, lunch. Bag sale 12-1. Westwind I and II Clubhouses. 3301 Alt 19, Dunedin. Enter off County Rd 1 or Alt 19.		
clothes, tools, jewelry, linens, books, baked goods, snack bar, raffles and more. 13225 101st Street, Largo, off Ulmerton behind the Largo Mall and Golden Corral.	Paradise Island Annual Flea Market, March 9th, 1001 Starkey Rd., Largo, FL 33771, at the Clubhouse 9am- 1pm. 60+ vendors and a huge room of community donations. Furniture,	White Elephant and Bake Sale: Sat March 2, 8am-1pm. Appliances, small furniture, home décor, lamps, dishes, linens, jewelry, baked goods, etc. Lake		
CARPORT SALE: Clearwater Cascades MHP, 9790 66thh St. N., Binallas Bark Sat Eak 22rd Sam	clothing, household, tools, collectibles, Treasures for sale! Canteen open for	Highlander Park, 1500 County Road 1, Dunedin, FL.		
Pinellas Park. Sat. Feb. 23rd, 8am- 12pm.	food. Early entry @ 8am \$1. Vendors Wanted! Paradise Island	ANNUAL BAZAAR - Lincolnshire Estates: 1071 Donegan Rd, Largo. Sat.,		
Colonial Village Flea Market, 2000 East Bay Dr. Sat. Feb. 23rd, 8-12 noon.	Annual Flea Market, March 9th. 60+ spaces sold each year. Tables are \$15	Feb. 2 8-noon. Breakfast and Lunch Available.		
SHADY LANE OAKS ANNUAL BAZAAR: February 9, 2019, 9:00am- 1:00pm. Shady Lane Oaks, 15777	for wall, and \$10 for interior. Please call 727-953-3616 or email me at wte@ tampabay.rr.com for info.	La Plaza MHP Carport Sale: 6700 150th Ave. N., Clearwater. Friday- Saturday, February 22nd-23rd, 8am-		
Bolesta Rd., Clearwater. Breakfast and Lunch available. Collectibles, household items, furniture and more. 50/50 drawing and raffles.	"FRIDAY, MARCH 1st, 9am-1pm, Flea Market/Bake Sale Lake Seminole Resort MHP Clubhouse, 10245 110th Ave. North, East off Seminole Blvd. Refreshments, Lunch."	1pm. Note: Emporium is 2 pages		

MARCH AD DEADLINE - FEBRUARY 10, 2019

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

249 Annual Yard Sale. February 2nd 2019

Emporium Continued

CARPORT SALE: Gateway MHP, Sat., Feb. 2nd, 8am-2pm. 10100 Gandy Blvd., St. Petersburg.	Wanted To Buy - Adult 3 Wheel Bike. Call 727-421-9573	Curio cabinet, hummels, angels, lighthouses, cherry wood, lights up inside. 717-669-7160.
Down Yonder Ladies Auxiliary Bazaar.	ARTICLES FOR SALE	1890's antique mantel clock, excellent
Sat., Feb. 23, 8-12noon. 7001 142nd Ave. N., Largo.	Three bike rack trunk mount. Excellent condition, \$50. Bob 727-437-7286	condition, needs cleaned. 717-669-7160.
WANTED TO BUY	2008 Mercury Sable, One owner, Good shape. 83,000 K, \$4,000.00 OBO.	Bushels new pastel yarns, 6 pc new luggage set. 727-401-1076
FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780	Please Call: 727-453-2539	

We Need Cover Pletures: Send in Your Interesting Photos

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



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Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over \$146,400 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid receipt</u> to us at Monthly Media • 220 Bahama St. • Venice, FL 34285. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check. (Allow 4.6 weeks for mailing of check). This month's cash winners are:

(Allow 4-6 weeks for mailing of check). This month's cash	winners are:
Karen Cook \$100 Custom Cooling & Heating Inc.	Lora Brown \$5 Appliance Specialty, Inc.
Beverly Parkinson \$10Dental Walk in Clinic	Ron Benoit \$5
Russell Sapia \$10Imperial Electric Service of Pinellas	Richard Fletcher \$5Battleline Termite & Pest Control, Inc.
Harriette Reimer \$10 Debbie's Salon	Verna Balcerek
Marcia Fay \$10 Jones & Sons Plumbing, Inc.	Deane Fink \$5 Debbie's Salon
Portlandf Smith \$10Bill The Carpet Guy	Brenda King \$5 Appliance Specialty, Inc.
John Leeh \$10 Doll Brothers Carpet Cleaners	John Wood \$5 Natures Resource Pest Control, Inc.
Lois Wysokowski \$10Haseney Electrical Services, Inc	Lee White \$5 Imperial Electric Service of Pinellas
Dolores Dwelis \$10 Air Masters of Pinellas, Inc.	Peggy Hedden \$5 Jones & Sons Plumbing, Inc.
Richard Proctor \$10	Barbara Grogan \$5 Largo Tech Services, LLC
Bobbie Faulkner \$10Heller's Mobile Home Washing	Tim Garsline \$5 Modern AC & Appliance Service
Anne Marshlow \$10Ron Wyngarden MH Wash, LLC	Fran Doyle \$5 Doll Brothers Upholstery Cleaners
William Wilson \$10 Appliance Specialty, Inc.	Roger Smith \$5Community Roofing of Florida, Inc.
Richard Frechette \$10 Battleline Termte & Pest Control, Inc.	Terri MacGilvray \$5Battleline Termite & Pest Control, Inc.
Lindell Miller \$5 Heller's Mobile Home Wash	Peter Lenorewoods \$5Imperial Electric Service of Pinellas
Richard Morris \$5 Natures Resource Pest Control, Inc.	Joe Stewart \$5 Jones & Sons Plumbing, Inc.
Joan Pattison \$5 Debbie's Cleaning Services	Mary Fleming \$51st Class Handyman Service, Inc.
Frank Novara \$5 Air Masters of Pinellas, Inc.	Edwin Palka \$5Buggin Out Pest Control, Inc.
Robert Lemaster \$5 Modern AC & Appliance Service	Alma Bunting \$5
Lorraine Harwood \$5 Flanigans Porch & Windows, Inc.	B. Ledee \$5 The Plumbing Patrol, Inc.
Heinz Mletzko \$5 E & E Gliddon Air Conditioning, Inc.	Shircee Bresnahan \$5 Jones & Sons Plumbing. Inc.
Peggy Wallace \$5 Rod Runners, Inc.	Norm Mitchell \$5Palm Harbor & Dunedin Electric
Jerry Sonnenberg \$5 Dunedin Plumbing, Inc.	Michael Contant \$5 Air Masters of Pinellas, Inc.
Richard Milner \$5 Tarpon Pest Control	Terry Kaley \$5 Jones and Sons Plumbing, Inc.

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law •Tickets available at participating Monthly Media advertisers. GLEN ELLEN FOCUS FEBRUARY, 2019 E

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